



Harrowbarrow School – Spring Term Menu 2019



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK1 07/01/19 28/01/19 25/02/19 18/03/19	Margherita Pizza Potato Wedges, Peas, Beans Choc Chip Tray Bake	Chicken Korma 50/50 Rice or Mashed Potatoes, Peas, Sweetcorn Vegetable Korma (V) Jam Tart	Roast Pork Roast Potatoes, Carrots, Sweetcorn, Broccoli, Cheese & Onion Potato Cakes (V) Fruit Salad	Meatballs in Gravy Mash Potatoes, peas, beans Mediterranean Vegetable Boats (V) Cookie and Milk	Battered/Breaded Fish or Fish fingers Chips, Baked beans, peas Macaroni Cheese (V) Homemade Biscuit, Milk
WEEK2 14/01/19 04/02/19 04/03/19 25/03/19	Sausages Potato Wedges or Hash Browns, Peas, Beans Salad Wrap(V) Caramel Crispy	Pasta Bolognaise Broccoli, Sweetcorn Veggie Bolognaise (V) Ice Cream with Homemade Fruit Sauce	Roast Chicken Roast Potatoes, Sweetcorn, Green Beans, Baby Carrots Cauliflower Cheese (V) Jam Sponge & Custard	Beef Casserole Buttered Potatoes, Homemade Bread Roll Vegetable Casserole(V) Fruit Trifle	Battered/Breaded Fish Fish Fingers Chips, Baked Beans, Peas Mediterranean Vegetable Tart (V) Homemade Biscuit, Milk
WEEK3 21/01/19 11/02/19 11/03/19 01/04/19	Pasta with Neapolitan Sauce & Cheese Broccoli, Sweetcorn Homemade Scone	Jacket Potato with a variety of fillings Homemade Shortbread Finger	Roast Gammon Roast Potatoes, Carrots, Broccoli, Sweetcorn Cheesy Swirl (V) Apple Crumble & Ice Cream	Chicken Pie Herby Potatoes, Peas, beans Vegetable Pie (V) Marble Cake	Battered/Breaded Fish Fish Fingers Chips , Peas, Baked Beans Hot Veggie Wrap (V) Homemade Biscuit, Milk

NOTE: There will be bread, salad, fresh fruit and yogurt as a choice each day

Milk will be available each day

(V) = Vegetarian Option for each day

Allergen Information – This is available from the school office

